

LATINX/HISPANIC RESOURCES

- American Society of Hispanic Psychiatry: <https://www.americansocietyhispanicpsychiatry.com/>
- Caminar Latino: <https://caminarlatino.org/>
- Esperanza United: <https://esperanzaunited.org/en/>
- Estoy Aqui: <https://estoy-aqui.org/>
- Latino Equality Alliance: <https://www.somoslea.org/>
- Latinx Therapists Action Network: <https://latinxtherapistsactionnetwork.org/>
- Latinx Therapy Podcast: <https://latinxtherapy.com/podcast/>
- Latinx Therapy: <https://latinxtherapy.com/>
- MHA- Latinx/Hispanic Communities- Información Y Materiales De Salud Mental En Español: <https://mhanational.org/latinxhispanic-communities-informacion-y-materiales-de-saludmental-en-espanol>
- NAMI: Compartiendo Esperanza: <https://www.nami.org/Support-Education/Mental-HealthEducation/NAMI-Compartiendo-Esperanza-Mental-Wellness-in-the-Latinx-Community>
- National Alliance for Hispanic Health: <https://www.healthyamericas.org/>
- National Latino Behavioral Health Association: <http://www.nlbha.org/>
- Sad Girls Club: <https://sadgirlsclub.org/>
- The Latinx Mental Health Podcast: <https://www.latinxmhpodcast.com/>
- Therapy for Latinx: <https://www.therapyforlatinx.com/>
- UnidosUS: <https://www.unidosus.org/>
- Yo Soy Ella: <https://www.yosoyella.org/>

Reference: <https://mhanational.org/>